Hindley Junior and Infant School



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Games: Unit 1	Ball Skills: Unit 1
	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision	Outdoor Provision
Year 1	Fundamentals	Fitness	Yoga	Athletics	Gymnastics	Dance
	Ball Skills	Sending and Receiving	Target Games	Invasion Games	Striking and Fielding	Net and Wall Games
Year 2	Fundamentals	Fitness	Yoga	Athletics	Gymnastics	Dance
	Ball Skills	Sending and Receiving	Target Games	Invasion Games	Striking and Fielding	Net and Wall Games
Year 3	Fundamentals Y3/4	Dodgeball	Football	Tennis	OAA	Yoga
	Ball Skills Y3/4	Dance	Gymnastics	Athletics	Rounders	Tag Rugby
Year 4	Fitness	Ball Skills Y3/4	Football	Tennis	OAA	Yoga
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Fitness	Dance	Badminton	Yoga	OAA	Gymnastics
	Dodgeball	Basketball	Football	Athletics	Tag Rugby	Rounders
Year 6	Fitness	Dance	Badminton	Yoga	OAA	Gymnastics
	Dodgeball	Basketball	Football	Athletics	Tag Rugby	Rounders